

**NEW SCHOOL FOR SOCIAL RESEARCH
DEPARTMENT OF PSYCHOLOGY**

GPSY 6394 INTEGRATING RESEARCH AND CLINICAL PRACTICE
Fall 2005

Instructor: Doris F. Chang, Ph.D.

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Office Hours: Tuesdays 2-3pm

Class Meeting: Thursdays 6-7:30pm

Seminar Objectives:

- (1) Learn how to critically review the research literature to inform your clinical practice
- (2) Examine how clinical experience and knowledge may enhance the validity and utility of clinical research
- (3) Explore professional models for integrating empirical knowledge and clinical experience

Requirements and Evaluation:

Attendance, readings, class participation, and one class presentation. All readings will be posted on the Portal (www.dialnsa.edu) approximately one week before class. It is your responsibility to print out the weekly readings and prepare to discuss them in class.

Class Presentation:

Each student will present once during the semester on a topic relevant to clinical psychology, with discussion centered on the selected reading. Your presentation should include an introduction to the clinical issue at hand (i.e., explaining your interest in the question), a summary and critique of the assigned reading, and a discussion regarding its research and clinical implications. Students who select an empirical article should be prepared to evaluate the methodology used in the study and consider its strengths and limitations with regard to scientific standards as well as clinical applications. Students who select a theoretical or conceptual article should consider how the various theoretical propositions could be empirically tested. This would mean considering such issues as a) how the various constructs could be operationalized to facilitate reliable measurement, b) what hypotheses might stem from the theory, and c) what would constitute sufficient "evidence" that the theoretical principles were valid, among other issues.

Class Schedule

Week 1/ Sept 8: Introductory Session

- Assignment: Identify a clinical question you'd like to explore in the research literature and bring it in to class next week. Begin reviewing the research and select an empirical article on the topic for the class to read. You are to email it to the professor in .pdf format or upload it directly to the Portal no later than one week prior to your class presentation. If you are unable to find an electronic version of your article, you may bring me a hard copy of the article (at least 2 weeks in advance) and I can scan it into .pdf format.

Week 2/ Sept 15: What is the impact of therapist self-disclosure on therapy process and outcome?

- Organization of the syllabus/class presentation topics
- Reading: Barrett, M.S. & Berman, J.S. (2004). Is psychotherapy more effective when therapists disclose information about themselves? *Journal of Consulting & Clinical Psychology*, 69(4), 597-603.

Week 3/ Sept 22:

- **“What is the impact of religion on transference and countertransference in therapy?”** (Alexa Berk) Reading: Abernethy, A.D., & Lancia, J.J. (1998). Religion and the psychotherapeutic relationship: Transference and countertransference dimensions. *The Journal of Psychotherapy Practice and Research*, 7, 281-289.
- **“Forced Terminations during Psychotherapy Training -- How, What, When...”** (Tiffany Haick) Reading: Bostic, J.Q., Shadid, L.G., & Blotcky, M.J. (1996). Our time is up: Forced terminations during psychotherapy training. *American Journal of Psychotherapy*, 50(30), 347-359.

Week 4/ Sept 29: **Guest Speaker—Donna Bender, Ph.D.**

Week 5/ Oct 6:

- **“Panic disorder/attacks/agoraphobia and Cultural Conflicts”** (Misa Tsurata) Reading: Tsuji, K., Miyasaka, L., Koichiro, O., Honda, G., Kato, S., & Abe, Yu (2001). Panic disorder cases in Japanese-Brazilians in Japan: Their ethnic and cultural confusion. *Psychiatry and Clinical Neurosciences*, 55, 127-130.
- **“What is the efficacy of mindfulness-based interventions for treatment of chronic health conditions?”** (Julian Boyd) Reading: Carlson, L.E., Speca, M., Patel, K.D., & Goodey, E. (2004). Mindfulness-based stress reduction in relation to quality of life, mood, symptoms of stress and levels of cortisol, dehydroepiandrosterone sulfate (DHEAS) and melatonin in breast and prostate cancer outpatients. *Psychoneuroendocrinology*, 29(4), 448-474.

Week 6/ Oct 13: Yom Kippur—University Holiday

Week 7/ Oct 20: *Class ends 7:50*

- **“What is the impact of therapist characteristics on therapeutic alliance and drop-out in psychotherapy?”** (Isil Bilican) Reading: Piper, W. E. , Ogrodniczuk, J. S. , Joyce, A. S. , McCallum, M. , Rosie, J. S. , O’Kelly, J. G. , & Steinberg, P. I. (1999). Prediction of dropping out in time-limited, interpretive individual psychotherapy. *Psychotherapy: Theory, Research, Practice, Training*, 36(2), 114-122.
- **“What is the effect of forced termination on re-entering therapy?”** or **“Do support groups improve the quality of life of those with bipolar disorder?”** (Li Lippman)
- **“What is the frequency and nature of post-traumatic brain injury-related personality disorders?”** (Mariel Gallego)

Week 8/ Oct 27: *Class ends 7:50*

- “The effect of therapist's accent on client's perceptions of therapist credibility and therapy process” (*Shihoko Hijioka*)
- “Examining obstacles to treatment: Help-seeking avoidance and delay associated with males and masculinity” (*Adam Brown*)
- “How does one’s capacity for mood regulation relate to therapeutic outcome?” (*Meghan Jablonski*). Readings: Cloitre, M., Stovall-McClough, K.C., Miranda, R., & Chemtob, C.M. (2004). Therapeutic alliance, negative mood regulation, and treatment outcome in child abuse-related posttraumatic stress disorder. *Journal of Consulting and Clinical Psychology*, 72(5), 411-416.

Week 9/ Nov 3:

- “How does intersubjectivity or perspective taking/mutual agreement of the cause and course of ruptures during a treatment affect the therapeutic relationship, the resolution of ruptures, and the outcome of the treatment in general?” (*Medea Elvy*)
- “The Efficacy of Music Therapy in a Mental Health Setting” (*Bob Strock*)

Week 10/ Nov 10: **Guest Speaker—7pm Jeremy Safran, Ph.D.**

- “The Role of Affect and Insight in Countertransference” (*Daniel Antonius*) Reading: Brody, E. M., & Farber, B. A. (1996). The effects of therapist experience and patient diagnosis on countertransference. *Psychotherapy*, 33, 372-380.

Week 11/ Nov 17: **Guest Speaker—Jonathan Kaplan, Ph.D.**

- “Attempts to quantify countertransference as a research tool” (*David Sivesind*)

Week 12/ Nov 24: *Happy Thanksgiving!*

Week 13/ Dec 1: *Class ends 7:50*

- “Therapist self-awareness and treatment outcome” (*Jennifer Tucker*)
- “How does the therapist's gender impact therapeutic outcome?” (*Alexandra Petrou*)
- “How and to what extent do patients internalize their therapists by the end of treatment?” (*Adrienne Katzow*)

Week 14/ Dec 8:

- “How or in what way language can impede or aid the therapeutic alliance?” (*Aurelio Joseph Ogilvie*)
- “Therapists on the Couch: What challenges do therapists face in treating their peers?” (*Aliza Phillips*) Reading: Norcross, J. C., Geller, J. D., & Kurzawa, E. K. (2000). Conducting Psychotherapy with Psychotherapists: I. Prevalence, patients, and Problems. *Psychotherapy*, 37, 199-205.

Week 15/ Dec 15:

- “Exploring network therapy for addiction as a model for office practice” (*Candice Nelson*)
- **TBA** (*Jennifer Suero*)